

Higher States of Consciousness – Why it's Necessary

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Definition Higher Consciousness

The ability to perceive reality forensically, with the inner eye, and to act upon that perception with full vigor. Acts driven by spiritual realizations of higher consciousness are not decoupled from their perception. Just as the act of seeking food is not decoupled from experiencing pangs of hunger at the most primitive level of consciousness. Higher consciousness must culminate in commensurate acts driven by spiritual hunger in order to satiate it just as the stomach's hunger culminates in seeking food to satiate it. When one is unconscious, one does not seek even physical sustenance and dies if not intravenously fed by others. Similarly, one can be spiritually and mentally unconscious while fully conscious at the physical level, seeking only to fulfill the physical needs of the body. When one acquires greater levels of consciousness to the next cognitive level, one seeks intellectual sustenance to meet the needs of the hungry mind. The next hierarchy of that path to increasing consciousness is in seeking spiritual sustenance to feed the hungry soul. The desire to satiate its cravings principally leads to striving for a *well lived life* as outlined in the many moral recipes from antiquity to modernity.

That *well lived life*, a concatenation of acts by definition, and arguably orthogonal to personal beliefs, is always predicated on the existence of higher levels of consciousness. Without the latter, there is no spiritual hunger, no striving to satiate it, no acts, and consequently no transformations at any level, personal to macro social. The omission of that transformation, by its very nature of absence, seeds evil in society because man's natural instincts for unbridled primacy subsequently flourish. These two have been balanced like *yin and yang* of Chinese philosophy to counter each other: instinct for primacy vs. higher levels of consciousness. The former comes built-in at birth just like all the other tangible and intangible properties of each individual's physical and natural makeup. The latter has to be nurtured, cultivated, nourished, and developed just like the mind.

The modern scientific world tends to accept the development of the mind, both halves of the brain,

as both natural and necessary to reach full human potential. But it calculatingly ignores the development of what in fact makes us the most human. There is a very good practical reason for that omission as will become apparent below.

In Islam

Reaching higher levels of consciousness is a long and arduous journey which commences by following the spiritual recipe outlined in [Surah al-Asr \(PDF\)](#) for living a life that is not judged to be of a total loss in the celestial place. Journeying on that path, one progressively moves farther and farther into realizing greater and greater states of consciousness. It is a journey which feeds upon itself like the practice of any skill craft. Spiritual craft is no different in that and many other respects. It must be developed and perfected. Its pinnacle is captured in the following verses of the Holy Qur'an in Surah Al-Fajr: **“O soul that art at rest! Return to your Lord, well-pleased (with him), well-pleasing (Him)”** ([89:27](#), [89:28](#)). And the enticement or prize offered for reaching this zenith: **“So enter among My servants, And enter into My garden.”** ([89:29](#), [89:30](#)). Since not all among mankind are endowed with identical capacities but fall on a bell curve, some journey for the lure of the prize alone, while others find little meaning in the prize when the journey itself is the reward. We focus on the journey and why it's both necessary, as well as the *first-cause* predicate, for the macro social evolution of mankind to free itself from the bondage of fellow man. For the desire to strive to reach the pinnacle of life's existence despite the daily needs of the stomach. Even the successful struggle for survival of the freedom of the natural man in the *social Darwinian* jungle depends on it.

The Path For All Mankind

Notice the culmination of the human state of existence whence it has reached its zenith: *“O soul that art at rest!”* The Holy Qur'an does not say: *O conscience that art at rest!* For we know all too well how easily conscience can be put at rest. It also does not say: *O intelligence that art at rest!* For we also well understand how reliance on superior intelligence to craft the mission statement of life, and the morality that governs it, can easily lead to the enslavement of the masses. All theistic world religions which propound the existence of the soul offer some prescription to elevate its state to its highest level of existence for the masses. For Islam, one cannot claim that the aforementioned state of the highest level of consciousness whereby the soul, no longer in a state of turmoil, expressed metaphorically in these verses, isn't an all encompassing and most general specification for the real

purpose of life's journey!

Provided of course, one believes that man's life has some inherent purpose, and which the secular humanists who posit the wholly material conception of man, do not accept. Nor do they accept the notion of Revelation. Nor any purpose to life other than what each man or his community and nation themselves assign it, as its occurrence is deemed "accidental", and for which Nietzsche proposed the "will to power" of the superior intellect to accelerate the social evolution of man beyond the semantic straight-jacket of "good and evil" that theism is enchained in. The empirical role of the superior intellect – and not merely the abstract thought expounded by secular humanists to sell it to the world – in crafting mankind's value system, and thus its direction of evolution, is examined in the essay: [Morality derived from the Intellect leads to Enslavement! \(PDF\)](#).

Islam's conception of higher states of consciousness commences with the recipe outlined in Surah al-Asr, and culminates in the *soul that art at rest*, for every spiritual being who defines itself as more than just the materialist collection of physical atoms and bio-chemical reactions. Anyone, of any persuasion and belief system, except the *Richard Dawkins variety* of course, can strive in that path of the *well-lived life* which is Islam's prescription for the journey to increasing levels of consciousness, without giving up their own natural socialization into their respective tribes, nations and religions.

This often neglected aspect of a profoundly spiritual world religion which claims to be moral guidance for a *well lived life*, is examined in the article: [Islam and Knowledge vs. Socialization \(PDF\)](#). It is evidently easy to miss this higher state of spiritual consciousness in which material striving is now *first-cause* driven by spiritual realizations rather than by the Darwinian instinct for survival, when the propaganda machinery worldwide is so brazenly distorting the religion of Islam. The tortuous beliefs and practices of the Muslim world, so ensconced in the straight-jacket of socialization and culture, betraying their own bankruptcy in higher states of consciousness, does not help absorb and expiate the religion of Islam either.

Subversion of Spirituality

This subversion of preventing the public from seeking higher states of consciousness to increase their *spirituality coefficient* has evidently been necessary in all organized religions which have been adopted as state religions of empires. The Roman Catholic Church profoundly distorted Christianity to serve Emperor Constantine and the Roman Empire. Its legacy is found in the many vestigial of

what speciously passes as the moral code of conduct taught by Jesus Christ throughout the world. The Muslim Caliphates distorted Islam to dominate the world with dynastic empires of their own that came to rival and surpass the Roman empire for over seven hundred years. The *white man's burden* replaced that for the next seven hundred years. Today, the creed of Secular Humanism is distorting all religions to construct world government, a new global empire of the oligarchy that goes by the name of New World Order.

It may be observed by the discerning mind that this suppression of higher levels of consciousness has been most cunningly performed by *resemanticizing* the meaning and practice of the word "spirituality" from its original intent, of raising the levels of consciousness of the public mind whereby the mind itself can perceive and experience all reality, both physical and metaphysical, the way it actually is. Once that capacity is developed, everything else naturally follows; like being free and able to add two plus two correctly, and to proclaim the result publicly without fear, from which all freedoms naturally follow. Both are important axioms for non predatory macro social human development, and both are the first to be subverted by the *Übermensch*. The new meaning imparted by virtually every organized religion to spiritualism is in fact pretty standard. It is to limit spirituality to rituals of personal worship (even if practiced collectively in congregations), to personal loving of personal God, to personal piety, to personal morality, to personal charity, etc., whereby it is speciously argued that by individuals focussing on their own personal morality and personal worship, all good to society will eventual follow.

The implications of this "mere" shifting of emphasis from the primary *first-cause* purpose of moral codes, the development of higher states of consciousness among the masses from which all else would naturally follow, to the development of some of its narrower side effects such as personal morality, are nothing but monumental. The principal motivation for the practice of religion and spirituality has been most diabolically pushed off to merely seeking selfish rewards in some afterlife for one's personal morality. This has an immediate and direct impact on society.

Primacy of the sociopaths and empires now comes to flourish at the macro social levels because the public mind is primed not to interdict it. It is no longer part of the moral code for the *well lived life*. That omission over time becomes naturally ingrained as the meaning of religion and fosters servitude and obedience to rulers generation after generation. What a brilliant coup d'état of cunning misdirection by the forces of evil. If you can get to heaven on the prayer mat while giving alms to the indigent as the peak of your spirituality, what's the point of standing up to evil and their enslaving systems of power and getting needlessly butchered in the process! The fast-path to heaven is infinitely better. Looks familiar?

Solution Space

It should be self-evident by now that only by embarking on that spiritual journey is man able to take care of the principal issues raised in the main article examining the [limitations of the documentary Thrive](#), of overcoming the predatory instincts that create primacy, deprivation, and servitude to fellow man. An examination of the scriptures of all religions reveal that this solution space is uniformly associated with the “inner struggle” for enlightenment which is deemed necessary in order to even begin to conquer evil unleashed in society in its absence. The Holy Qur'an has termed that striving “jihad-un-nafs” and predicated its existence in the spiritual man before man can start building heaven right here on earth. Some ancient spiritual societies like those practicing Shamanism in the Amazonian jungles tickle this spiritual hunger leading to their higher states of consciousness and spiritual healing, with aphrodisiacs. Mystics and monks throughout the ages have tickled this spiritual hunger to develop their higher levels of consciousness with meditation, self-denial and, like the character in Rudyard Kipling's *Kim*, by making long journeys in search of the *river of the arrow*.

Howsoever the spiritual hunger is first tickled, some take short-cuts and others take long-paths, the striving for its satiation that is devoid of acts for the *well lived life*, remains barren and still-born! It is unable to transform society at the macro social levels. The instincts for primacy consequently remain unbridled and unleashed among the best minds of the sociopaths, and their predatory practices become more and more sophisticated over time. The macro social civilizational challenge for mankind is to lay the foundation of the spiritual man among *hoi polloi*, to raise their states of consciousness, so that they can at least defend themselves from *Social Darwinianism*.

That exercise requires the nurturing of the trifecta of human existence, mind body and spirit, as a whole, from cradle to grave. It follows that education systems which today focus mainly on the development of the mind-body nexus to principally fashion economic widgets “*content to labor hard all day long*” as per Bernard de Mandeville's [fable of the bees \(PDF\)](#), must reframe their emphasis to incorporate the third element of the trifecta as an integral component of education at all levels (see [My Dream University](#)).

That outcome of course can never be permitted because education systems are controlled by the same *social Darwinians* who prefer to control and direct human behavior such that *hoi polloi* come to love their own servitude; as was also poignantly captured by essayist [Aldous Huxley](#). Even the former National Security Advisor of the United States of America, hinted at that general direction of mass behavior control in his seminal 1970 book *Between Two Ages* ([PDF](#)): “Speaking of a future at most only decades away, an experimenter in intelligence control asserted, 'I foresee the time when

we shall have the means and therefore, inevitably, the temptation to manipulate the behaviour and intellectual functioning of all the people through environmental and biochemical manipulation of the brain.”

A great deal has been learnt empirically of the forces that govern human behavior, and of the forces that manipulate the mind which manipulate human behavior, in the last century alone, and especially in the military-academic research labs of the West. It has formed the core basis of the many so called “truth-extraction” and behavior modification programs of the military (see [The Manipulation of Human Behavior by Biderman and Zimmer](#), 1961, which has an extensive bibliography of the empirical state of behavioral research and its understanding over fifty plus years ago, and which betrays how easily *the mind is made* given the right environmental and/or bio-chemical stimulus).

The understanding of the frailty and manipulability of the human mind gleaned from such coercive experiments of behavior modification, also understandably finds its way into the broad spectrum techniques of *social engineering* that now span the whole gamut of mass behavior control: from fashioning individual *Manchurian candidates* for the military in the name of national security to *United we Stand* the masses in the name of patriotism; and from fashioning happy-happy corporate fodder as *human resources* slaving away their lifetime to make their employers richer, to fashioning happy-happy consumers encouraged to enjoy the heady-living of the '*American Dream*' under perpetual debt slavery.

All of this modern *social engineering* which underwrites not just the Western civilization, but also virtually all Eastern civilizations as well, is easily nullified by the dumbed-down *hoi polloi* and their *useful idiot* stewards developing even a modicum of higher states of consciousness. That exercise, and only that exercise, is the antithetical solution-space to the perpetual problem of social predation in both power relationships (“I was only following orders” ala Adolf Eichmann) and in making the public mind by perception management (“I thought I was being attacked” ala [The Mighty Wurlitzer](#)). Which is why the most sophisticated psychological efforts are made in every *Darwinian society* to dumb down the populace and keep them perpetually trapped between *bread and circuses, or god and king*, to make it easier to control them.

That is the base reality of not just Western Democracy, but in fact, all political systems that have been seen to date in which a not so hidden elite class rules from behind the scenes while maintaining the illusion of the public's self-empowerment. Its most egregious spectacle in its most superlative facade is of course what's reenacted every four years in the sole superpower to sell its Democracy to the world. Who, witnessing its elaborate electioneering charade outside the shores of America, does not think: “what an idiotic brain-washed public”? (see [Not-Voting is a 'YES' vote to](#)

[Reject a Corrupt System which thrives on the facade of Elections and Democracy!, PDF](#)).

Report Card

We see the accuracy of these observations empirically. From Plato's depiction of mind control in his seminal *Myth of the Cave* 2500 years ago; to Machiavelli's *The Prince* which virtually underwrites the practice of modern day statecraft and is the cardinal basis of its state secrecy laws with which the public should be kept uninformed; to Hegel's technique of synthesis from deliberate destruction through the clash of opposites, called the *Hegelian Dialectic*, which is being used today for Machiavellianly maneuvering the world into a particular direction; to Freud's discovery of the *irrational mind* which is today used most cunningly for behavior control by exploiting man's natural fears and baser instincts that are buried deep within his sub conscious: from marketing political theories to egregious lifestyles and soap bars; is one continuous axis of management of *hoi polloi* for the narrow self-interests of the few.

These more abstruse techniques of *making the mind*, i.e., those surpassing straightforward indoctrination, namely socialization and education, and cognitive control through news media, bypass the *cognitive mind* and direct themselves to what has come to be known in mainstream science as the *sub-conscious mind* – the mind that is often awake when the *cognitive mind* is asleep. While its discovery and witting emotional manipulation is now more than a century old, how it manifests itself in the physical brain is yet to be uncovered by science. Arguably, the sole antidote for its manipulation is the *spiritual mind*, which too, and also like the soul and how it manifests itself in the human body, is yet to be discovered by science. But which has been profoundly addressed by sublime religions for thousands of years in almost every advanced culture and civilization. Science is yet to catch-up on the full construct of the mind, never mind the soul. It is a limitation of modern day scientists, a by product of their own one-track materialist education, that they tend to deny what they cannot measure, comprehend, falsify, or offer pat formulations and axiomatic theories for. Often bordering on ignorance, their arrogance can be childlike, but far more devastating for a perceptive understanding of complex reality *the way it actually is!* See for instance Rupert Sheldrake's [Dispelling the The Ten Dogmas of Materialism and Freeing the Spirit of Enquiry \(youtube\)](#), and this author's [Letter to Richard Dawkins - Error in the First Chapter of 'The God Delusion'?](#).

The development of higher levels of consciousness has remained the principal spiritual teaching of all moral codes recorded in the history of man, once their symbolism is pierced and the veil is lifted from their rituals to better understand their core. However, if the modern techniques of mind

manipulation and behavior control passes from 'mere' perception management to the stage of biochemical tampering, DNA manipulation, and the wholesale construction of a scientifically arranged utilitarian caste hierarchy, the most dystopic version of which is expressed in Aldous Huxley's *Brave New World*, the capacity to experience higher states of consciousness beyond what each man is tailored for by his creators, will be outright eliminated.

Scary? Not if one is immersed in the '*American Dream*', or trapped between *bread and circuses*, where that capacity of higher consciousness is already co-opted (but not eliminated) in the majority of the species. Those immersed in religion and caught between *god and church*, from time immemorial, have been indoctrinated to wait patiently for some *Deiticial Intervention* to deliver them from man's bondage, or existential crises. That belief remains strong even today among more than two thirds of the world's population. Man's natural capacity for spiritual hunger which is only groomed and nurtured in higher states of consciousness, has been easily misdirected to await the *Savior*.

By examining the cultural and religious history of civilizations, it becomes apparent that religious rituals have been essential in preserving moral teachings and passing them down from generation to generation, until the time when these would finally be understood and acted upon to engender mankind's attention on developing higher states of consciousness; to build heaven right here on earth for everyone, instead of selfishly seeking Heaven for oneself in *Afterlife*. Unfortunately, empty rituals have dominated the practice of moral codes in most known societies to this very date, because lifting the veil off of their metaphorical symbolism is predicated on developing higher levels of consciousness. The public mind continues to remain trapped in rituals and dogmas and those able to manipulate it do so with impunity. Predatory *Social Darwinianism* is the natural outcome.

QED.

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